

Results - USATF Region 13 Junior Olympic Cross Country Championships

11/21/09 - Plantes Ferry Park - Spokane, WA

Bantam Girls 3 km

Name	Year	Team	Finals	Points
Results - Women				
1 Copeland, Katherine	99	Issaquah Gliders	11:13.10	
2 Cantine, Sophie	99	Issaquah Gliders	11:27.40	
3 Thronson, Katherine	00	Spokane Merc, Spokan	12:10.40	
4 Rodeheffer, Laura	99	Whidbey Running	12:16.80	
5 Shields, Emily	99	Unity Running	12:27.50	
6 McVay, Marley	99	Issaquah Gliders	12:28.20	
7 Pease, Rylie	99	Spokane Merc	12:38.10	
8 Schenck, Aliya	00	Cascade Striders	12:40.40	
9 Swoboda, Bailey	00	North Idaho, Dalton	12:44.50	
10 Brooks, Olivia	99	Central Oreg, Bend,	12:46.10	
11 Hartmann, Delaney	99	Bac - A, Portland, O	12:46.80	
12 Chelberg, Kaitlyn	99	Whidbey Running	12:47.40	
13 Wilhite, Ariel	99	Issaquah Gliders	12:50.80	
14 Conway, Caitlin	99	North Idaho, Post Fa	12:54.00	
15 Barber, Payton	00	North Idaho, Hayden,	12:54.70	
16 Jeter, Aspen	99	Central Oreg, Bend,	12:55.80	
17 Cornett, Megan	99	Central Oreg, Bend,	12:58.40	
18 Goodrich, Elisabeth	00	Salem Track, Salem,	12:59.50	
19 Armstrong, Emily	00	Spokane Merc, Spokan	13:03.20	
20 McGranahan, Vanessa	99	Salem Track, Keizer,	13:10.70	
21 Fox, Eden	99	Cascade Striders	13:14.70	
22 Billingsley, Karen	99	Spokane Merc, Ephrat	13:19.40	
23 Schreier, Oceane	99	Dry Side Fly, Pendle	13:19.70	
24 Myers, Bethany	99	Spokane Merc, Spokan	13:29.40	
25 Helvoigt, Dale	99	Emerald Vall, Eugene	13:33.10	
26 Corff, Anna	99	Cascade Striders	13:34.40	
27 Rieken, Bridget	00	North Idaho, Coeur d	13:34.80	
28 Nowatzke, Natalie	99	Emerald Vall, Eugene	13:35.80	
29 Laidler, Kristin	99	Cascade Striders	13:36.50	
30 Wicker, Carolyn	99	Whidbey Running	13:39.80	
31 Resch, Hana	99	Emerald Vall, Eugene	13:44.00	
32 Whiteley, Jolene	99	Spokane Merc, Spokan	13:45.10	
33 Fujita-Yuhas, Nora	99	Rain City Flyers	13:45.90	
34 Teeter, Terra	99	Team Oregon, Boring,	13:46.90	
35 Hutton, Sailor	00	South Oregon, Bandon	13:48.00	
36 Meja, Callie	00	Issaquah Gliders	14:00.10	
37 Pinkerton, Rebekah	99	North Idaho, Coeur D	14:10.60	
38 Dickinson, Maya	99	Emerald Vall, Eugene	14:16.90	
39 Brown, Jacqueline	01	Cascade Striders	14:26.40	
40 Young, Mina	01	Rain City Flyers	14:33.90	
41 Dunlap, Margaret	99	Spokane Merc, Spokan	14:42.40	
42 Dixon, Emily	99	Salem Track, Salem,	14:47.10	
43 LaPella, Anna	99	Cascade Striders	14:55.80	
44 Batura, Josey	99	Issaquah Gliders	15:10.50	
45 Maronde, Caitlin	99	Whidbey Running	15:12.90	
46 Keating, Megan	00	Whidbey Running	15:18.30	
47 Kramer, Marlana	01	Rain City Flyers	15:19.80	

48	Bloomer, Delaney	00	Emerald Vall, Eugene	15:23.50
49	Sullivan, Emmie	02	Rain City Flyers	15:29.80
50	Sisco, Abbie	99	North Idaho, Post Fa	15:35.50
51	Mullin, Kaitlinn	99	Spokane Merc, Otis O	15:52.40
52	Caprino, Mackenzie	01	Salem Track, Salem,	16:12.80
53	Ceccanese, Isabelle	00	Emerald Vall, Eugene	16:24.30
54	Sisco, Chloe	02	North Idaho, Post Fa	16:48.80
55	Silver, Cailen	00	Spokane Mercury, Spo	16:53.70
56	Wicker, Catherine	02	Whidbey Running	16:57.90

Midget Girls 3 km

Name	Year	Team	Finals	Points
1	Brinkman, Tanna	97	Oiselle	11:22.58
2	Kingma, Brooke	97	Rain City Flyers	11:25.73
3	Manns, Alexis	97	Cascade Striders	11:27.12
4	Bare, Meaghan	97	North Idaho, Coeur d	11:37.75
5	Lange, Abigail	97	Central Oreg	11:38.77
6	Carlson, Cyra	97	Spokane Merc, Spokan	11:42.55
7	Todd, Gracie	97	Bac - A, Eugene, OR	11:45.62
8	Anderson, Hannah	97	Central Oreg, Bend,	11:47.06
9	Matora, Katia	97	Cascade Striders	11:48.64
10	Clarke, Casey	98	Oiselle	11:53.43
11	Moore, Zani	97	Bac - A, Tigard, OR	11:53.74
12	Callahan, Emily	98	North Idaho, Coeur D	11:54.11
13	Griffiths, Nicole	98	Bac - A, Portland, O	11:54.85
14	Stemple, Lela	97	Rogue Valley, Medfor	11:55.17
15	Hickman, Reilli	98	North Idaho	11:55.99
16	Clem, Delaney	97	Dry Side Fly, Pendle	12:03.18
17	Aquino, Brittany	98	Spokane Merc, Spokan	12:03.79
18	Cornett, Jessica	97	Central Oreg, Bend,	12:04.64
19	Oviatt, Rebekah	98	Rain City Flyers	12:06.40
20	McWilliams, Patryce	97	Fed Way	12:10.59
21	Leapaldt, Madison	97	Central Oreg, Bend,	12:13.62
22	Best, Amelia	97	Oiselle	12:16.06
23	Tompkins, Nicole	97	Flan Clan	12:19.12
24	Maher, Anne	98	Oiselle	12:20.15
25	Vinecki, Winter	98	unattached, Salem, O	12:22.87
26	Gibson, Briahna	97	Oiselle	12:27.84
27	Rice, Sydda	98	Rain City Flyers	12:30.25
28	Waller, Makayla	98	Bac - A, Lebanon, OR	12:31.91
29	Thronson, Chelsea	98	Spokane Merc, Spokan	12:32.77
30	DeSaESilva, Pascale	97	Cascade Striders	12:35.48
31	Sullivan, Zanna	98	Rain City Flyers	12:42.63
32	Irwin, Blythe	97	Spokane Merc, Spokan	12:43.57
33	Lower, Emma	97	Oiselle	12:46.50
34	Purtzer, Hailey	98	Unity Running	12:47.60
35	Pardue, Maya	98	Spokane Merc, Spokan	12:48.14
36	Hatton, Tia	97	Central Oreg, Bend,	12:55.29
37	MacDonald, Anna	97	Bac - A, Beaverton,	12:55.96
38	Ferguson, Anne	97	Oiselle	12:56.52
39	TurningRobe, Stephanie	98	UNA	12:57.62
40	Erikson, Ema	98	Dry Side Fly, The Da	12:58.59
41	Joseph, Elena	97	Cascade Striders	12:59.58
42	Osborn, Jennifer	98	Bac - B, Tigard, OR	13:01.49
43	Moehl, Olivia	97	Central Oreg, Bend,	13:04.37

44	Simons, Charla	97	Dry Side Fly, Pendle	13:04.76
45	Barnett, Emily	98	Troutdale Tr, Troutd	13:12.01
46	Kelm, Maddie	97	Dry Side Fly, Pendle	13:12.63
47	Jones-Toutant, Elinor	98	Rain City Flyers	13:13.34
48	Horn, Jonalynn	97	Whidbey Running	13:14.66
49	Donnel, Emily	98	Cascade Striders	13:16.31
50	Volk, Madeline	98	Southern Ore, Medfor	13:20.55
51	Gardner, Arielle	98	Bac - A, Portland, O	13:21.37
52	Watson, Amy	98	Rogue Valley, Appleg	13:23.06
53	Carey, Chyenne	98	Dry Side Fly, Pendle	13:23.37
54	Farkas, Paloma	98	Rain City Flyers	13:32.93
55	Sligh, Marissa	97	Whidbey Running	13:33.53
56	Morris, Haley	97	Bac - A, Lebanon, OR	13:35.53
57	Corrigan, Kaelah	97	Spokane Mercury, Spo	13:45.41
58	Lyle, Lexis	98	Spokane Mercury, New	13:46.46
59	Vaternick, Marissa	98	Bac - A, Tigard, OR	13:50.79
60	Ricks, Alexa	98	North Idaho, Rathdru	13:58.14
61	Jarvis, Anne	97	Central Oreg, Bend,	14:01.42
62	Phillips, Megan	98	Cascade Striders	14:06.84
63	Husband, Melynda	97	Spokane Merc, Otis O	14:08.29
64	Bateh, Zabrina	97	Fed Way	14:15.10
65	Richardson, Sarah	97	Cascade Striders	14:42.06
66	Sharp, Caroline	98	Oiselle	14:47.29
67	Roberts, Hayden	98	Spokane Merc, Mead,	15:17.33
68	Davis, Flora	98	Rain City Flyers	16:09.33
69	Orndorff, Clara	97	Rain City Flyers	16:38.76
70	Schwendiman, Kelsey	97	Spokane Merc, Cheney	17:56.15

Youth Girls 4 km

Name	Year	Team	Finals	Points
1	Rice, Paige	96	Bac - A, Portland, O	15:11.15
2	Bolibol, Keagan	96	Oiselle	15:21.78
3	McDonald, Piper	96	Bac - A, Bend, OR	15:23.84
4	Western, Audrey	96	Oiselle	15:25.25
5	Sharp, Natalie	96	Oiselle	15:48.40
6	Paton, Kealani	95	Spokane Merc	15:57.31
7	Hielkema, Marissa	96	Rain City Flyers	16:05.62
8	Ambrose, Natalie	96	Central Oreg, Sister	16:18.19
9	Meyer, Olivia	95	Whidbey Running	16:20.60
10	Mosman, Natalie	95	Emerald Vall, Eugene	16:22.46
11	Hill, Anna	95	Cascade Striders	16:23.59
12	Pease, Kinsey	96	Spokane Merc	16:24.56
13	Asper, Leanne	95	North Idaho, Coeur D	16:25.38
14	Landreth, Samantha	96	Bac - A, Happy Valle	16:28.93
15	Hutter, Chloe	96	North Idaho, Coeur d	16:36.25
16	Pletcher, Elise	95	Issaquah Gliders	16:36.94
17	Hawkinson, Vivian	96	Bac - A, Salem, OR	16:37.56
18	LaChapelle, Kristen	96	unattached, Turner,	16:39.56
19	Brown, Cassidy	95	Fed Way	16:47.53
20	Chaffey, Isabella	96	Cascade Striders	16:49.21
21	Carr, Christine	96	Fed Way	16:53.03
22	Watson, Annie	96	Rogue Valley, Appleg	16:55.91
23	Maher, Kathryn	96	Oiselle	17:04.82
24	Pinkerton, Rachel	95	North Idaho, Coeur D	17:06.93
25	Kearns, Rory	96	Bac - A, Portland, O	17:08.53

26	Scharnhorst, Kari	95	UNA,Clarkston, WA	17:13.25
27	Cunningham, Caitlin	95	Rain City Flyers	17:18.06
28	Fristoe, Carly	96	Central Oreg,Bend,	17:20.28
29	Larson, Kari	96	Fed Way	17:21.00
30	Henningsen, Leah	95	Bac - A,West Linn,	17:25.19
31	McNeely, Morgan	95	unattached,Broadben	17:26.15
32	Tezcan, Dilara	95	North Idaho,Coeur D	17:30.15
33	Brown, Zoe	96	Rogue Valley,Jackon	17:30.78
34	McGinnis, Terra	95	Fed Way	17:32.63
35	Barnes, Joy	95	Rain City Flyers	17:36.06
36	Hallstrom, Paige	96	Fed Way	17:36.40
37	Herbes, Laura	96	Bac - A,Adams, OR	17:37.43
38	Rylands, Erin	95	Issaquah Gliders	17:37.97
39	Holstrom, Annika	96	Bac - B,Sherwood, O	17:39.59
40	Wicker, Christina	95	Whidbey Running	17:40.78
41	Tacke, Emily	95	Fed Way	17:44.41
42	Wineinger, Erin	95	North Idaho,Hayden	17:53.66
43	Vernon, Aitana	96	North Idaho,Coeur D	17:54.00
44	Tostenson, Gracie	96	Rogue Valley,Centra	17:56.75
45	Volken, Christina	95	Issaquah Gliders	18:00.78
46	Haley, Abigail	96	Oiselle	18:05.63
47	Pearson, Rebecca	96	Bac - B,Portland, O	18:10.19
48	Brenton, Mariah	95	Spokane Merc,Cheney	18:11.53
49	Nystrom, Jasmine	95	unattached,Myrtle P	18:16.46
50	Stanton, Savannah	96	Bac - B,Newberg, OR	18:22.15
51	Murphy, Erin	95	Issaquah Gliders	18:24.34
52	Overbay, Maiaah	96	Spokane Merc,Spokan	18:32.50
53	Shaw, Rachel	95	Issaquah Gliders	18:32.96
54	Smith, Chantel	96	Bac - B,Hillsboro,	18:40.25
55	Wanta, Jackie	95	Dry Side Fly,La Gra	18:43.21
56	Pardue, Katrin	95	Spokane Merc,Spokan	18:50.68
57	Ryerson, Karolina	96	Bac - B,Beaverton,	19:00.09
58	Chittenden, Alexis	95	Fed Way	19:09.56
59	Matti, Zia	95	Bac - B,Sherwood, O	19:19.76
60	Kagey, Hannah	96	Whidbey Running	19:25.34
61	Garcia, Ariel	96	Spokane Merc,Spokan	19:27.06
62	Kjenstad, Karissa	96	Fed Way	19:29.44
63	Cook, Madeline	96	Spokane Merc,Spokan	19:55.65
64	Jewett, Samantha	95	Rain City Flyers	20:09.04
65	Utter, Keagan	96	Dry Side Fly,Pendle	21:11.37
66	Maronde, Megan	96	Whidbey Running	21:57.78

Intermediate Girls 5 km

Name	Year	Team	Finals	Points
1	Atwood, Rachel	94	Fed Way	19:14.42
2	Royal, Adrianna	93	Fed Way	20:02.70
3	Duvenez, Allison	93	Fed Way	20:13.38
4	Anderson, Christina	94	UNA	20:29.26
5	Luther, Savannah	94	Fed Way	20:33.98
6	Migotsky, Nicole	93	Issaquah Gliders	21:05.17
7	Ollar, Chelsea	93	West Linn	21:15.88
8	Hanson, Sarah	93	Spokane Merc,Spokan	21:16.73
9	Miranda, Maegen	94	unattached,Coquille	21:18.77
10	Hunter, Haley	93	Issaquah Gliders	21:37.42
11	Davies, Kaily	94	Issaquah Gliders	21:46.70

12	Ward, Rachel	94	North Idaho, Coeur d	21:50.08
13	Inouye, Melissa	94	Spokane Merc, Spokan	22:32.10
14	Larson, Kristen	93	Fed Way	22:47.41
15	Holmberg, Alene	93	Seattle Running	22:56.41
16	Poplawski, Alisa	94	Issaquah Gliders	23:30.66
17	Rundle, Josephine	93	Seattle Running	23:40.85
18	Ewing, Katelyn	93	North Idaho, Coeur D	23:56.23
19	Sullivan, Madison	94	Rain City Flyers	24:22.01
20	Rylands, Katie	93	Issaquah Gliders	25:29.35
21	Lyle, Lindsay	94	Spokane Merc, Newman	26:05.08

Young Women 5 km

Name	Year	Team	Finals	Points
1	Meler, Holly	91	Flan Clan	19:31.76
2	Johnson, Sarah	92	Fed Way	19:50.79
3	Cole, Ariana	92	Club Tieton, Tieton,	20:31.23
4	Nichols, Ashley	92	Seattle Running	20:46.98
5	Turner, Kayley	91	Fed Way	21:02.89
6	McCabe, Megan	92	Fed Way	21:11.32
7	Johnson, Sydnie	91	unattached, Eugene,	21:40.23
8	Barlean, Mary Kathryn	92	unattached, Portland	22:06.52
9	Chinchar, Erin	92	Fed Way	22:28.48
10	Rasmussen, Micaela	91	Fed Way	22:42.63
11	Hallstrom, Heather	92	Fed Way	22:46.41
12	Heffernan, Agen	91	Rain City Flyers	23:16.01
13	Rivelli, Katie	92	unattached, Portland	23:32.70

Bantam Boys 3 km

Name	Year	Team	Finals	Points
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Results - Men

1	Goldstone, Jesse	99	Fed Way	11:11.61
2	Shields, Jack	99	Unity Running	11:17.52
3	Ricks, Jackson	99	North Idaho, Rathdru	11:32.93
4	Blake, Zachary	99	Fed Way	11:39.89
5	Jeske, Justin	00	UNA, Spokane, WA	11:48.62
6	Rathbun, Parker	00	Rain City Flyers	11:50.58
7	Swaim, Spencer	99	Spokane Merc, Spokan	11:54.93
8	Bianchini, Christopher	99	Fed Way	11:57.33
9	Wild, Alan	99	Bac - A, Portland, O	11:58.99
10	English, Luke	00	North Idaho, Coeur D	12:01.76
11	Thompson, Cameron	00	Bac - A, Portland, O	12:04.08
12	Kittel, Evan	99	Spokane Merc, Spokan	12:04.48
13	Whitehead, Hunter	99	Bac - A, Newberg, OR	12:04.98
14	Hicken, Jackson	99	Bac - A, Sherwood, O	12:08.58
15	Steiner, Joshua	00	Spokane Merc, Yakima	12:12.12
16	Humble, Deklan	99	Bac - A, Sherwood, O	12:13.14
17	Sibony, Rafael	00	Seaside Cros, Seasid	12:14.42
18	Whalen, Alex	99	Rain City Flyers	12:16.08
19	Ceccanese, Wally	99	Emerald Vall, Eugene	12:17.48
20	Shults, Logan	99	Spokane Merc	12:19.33
21	Landreth, Connor	00	Bac - A, Happy valle	12:24.74
22	Klingler, Myles	00	Fed Way	12:29.12
23	Joseph, Ruben	00	Cascade Striders	12:39.58

24	Fitch, Harrison	01	Rain City Flyers	12:42.73
25	Paulino, Riley	01	Fed Way	12:44.96
26	Marvin, Isaac	00	Bac - A, Salem, OR	12:47.36
27	Ho, Brandon	99	Fed Way	12:48.08
28	Anderson, Quinten	99	Central Oreg, Bend,	12:49.61
29	Vasileff, Ryan	00	Whidbey Running	12:56.24
30	Donnel, Jared	00	Cascade Striders	13:12.26
31	Woodward, Duncan	00	Issaquah Gliders	13:23.95
32	Stone, Patrick	99	Issaquah Gliders	13:37.33
33	Ries, Colin	01	Unity Running	13:39.04
34	Dixon, Joshua	01	Salem Track, Salem,	13:44.71
35	Herndon, Coleman	00	Rain City Flyers	13:45.33
36	Johnson, William	00	Fed Way	13:45.83
37	Waller, Caleb	00	Bac - B, Lebanon, OR	13:46.46
38	Mellott, Atticas	99	Emerald Vall, Eugene	13:50.96
39	Waters, Reid	01	Spokane Merc, Ephrat	13:54.61
40	DaPonte, Rhys	01	Issaquah Gliders	13:58.11
41	Sparling, Jack	00	Unity Running	14:00.26
42	Grant, Trevor	00	Bac - B, Sherwood, O	14:03.17
43	Doshi, Ethan	00	Rain City Flyers	14:04.15
44	Gardner, Chase	99	Bac - A, Portland, O	14:05.89
45	Allison, Andrew	02	Bac - B, Sherwood, O	14:06.80
46	Smith, Nicholas	99	Spokane Merc, Ephrat	14:10.33
47	Curran, Zach	01	Cascade Striders	14:15.46
48	Jones-Toutant, Emmett	00	Rain City Flyers	14:15.96
49	Dixon, Chance	99	UNA, Spokane, WA	14:24.29
50	DeJarlais, Nicholas	99	Cascade Striders	14:45.42
51	Pinkerton, Josiah	02	North Idaho, Coeur D	14:50.11
52	Lange, Jack	00	Central Oreg, Bend,	15:27.11
53	Young, Elliott	99	Rain City Flyers	15:52.89
54	Tadjiki, Cyrus	00	Central Oreg, Bend,	16:09.52
55	Dailidenas, Avery	00	Cascade Striders	16:12.11
56	Goodrich, Caleb	01	Salem Track, Salem,	16:20.39
57	Cranford, Garrett	99	Unity Running	16:35.73

Midget Boys 3 km

Name	Year	Team	Finals	Points
1	Scott, Hayden	97	Bac - A, Weston, OR	10:37.13
2	Grant, Spencer	97	Bac - A, Sherwood, O	10:46.47
3	Powers, Dakota	97	Whidbey Running	10:47.28
4	Thompson, Daniel	98	Bac - A, Portland, O	10:49.25
5	Lomax, Sam	97	Bac - A, Portland, O	10:49.97
6	Ollar, Roman	98	unattached, West Lin	11:04.76
7	Barry, Alexander	97	Fed Way	11:05.66
8	Reischling, Andy	97	Fed Way	11:06.47
9	Lanser, Alexander	97	Fed Way	11:07.06
10	Vandine, Andrew	97	Spokane Merc, Spokan	11:07.66
11	Ollar, Grayson	98	unattached, West Lin	11:08.47
12	Harvey, Eric	98	Issaquah Gliders	11:12.31
13	Heffernan, Ryan	97	Rain City Flyers	11:13.35
14	Myrick, Brendan	98	Fed Way	11:18.91
15	Porter, Andrew	97	Dry Side Fly, Pendle	11:22.53
16	Diedrich, Josh	97	Bac - A, Lake Oswego	11:25.31
17	Whalen, Aaron	97	Spokane Merc, Ephrat	11:26.34
18	Rae, Truman	98	Bac - A, Portland, O	11:27.09

19	Frank, Jackson	98	Bac - A,Portland, O	11:28.09
20	Hilger, Maxwell	98	Unity Running	11:28.72
21	Templeton, Nick	98	Spokane Merc,Spokan	11:29.76
22	Jenkins, Jacob	98	Fed Way	11:33.66
23	Alger, Garison	98	Dry Side Fly,Pendle	11:34.78
24	Shults, Corbin	98	Spokane Merc,Millwo	11:36.04
25	Waters, Max	97	Spokane Merc,Ephrat	11:36.72
26	Pinkerton, Samuel	98	North Idaho,Coeur D	11:37.85
27	Woodruff, Alec	98	Fed Way	11:38.84
28	Wright, Dylan	98	North Idaho,Post Fa	11:42.94
29	Brim-Edwards, Jackson	98	Bac - B,Portland, O	11:47.54
30	Hillman, Jacob	97	Bac - B,Portland, O	11:48.59
31	Janke, Justin	98	UNA,Spokane, WA	12:00.16
32	Howard, David	98	Fed Way	12:04.00
33	Ostertag-Hill, Luca	98	Bac - B,Portland, O	12:14.47
34	Nessen, Ian	98	Spokane Merc,Spokan	12:16.94
35	Melnick, Gunnar	97	Whidbey Running	12:19.70
36	Franklin, Thomas	97	Team Oregon,Gresham	12:24.20
37	Glouner, Thomas	97	Cascade Striders	12:24.82
38	Evans, Max	97	North Idaho,Coeur d	12:25.57
39	Glouner, Brandon	97	Cascade Striders	12:26.44
40	Goleeke, Nicolas	98	Fed Way	12:29.16
41	Lindgren, Thomas	97	Snohomish Track	12:32.56
42	Conradt, Alex	98	Bac - B,Portland, O	12:40.50
43	Davies, Levi	97	Spokane Merc,Kennew	12:45.03
44	Burdsall, Colin	98	Central Oreg,Bend,	12:50.00
45	Hollingsworth, Tristan	97	Central Oreg,Bend,	12:50.34
46	Beauchamp, Luke	97	Cascade Striders	12:59.03
47	Guzman, Miguel	98	Whidbey Running	13:10.75
48	Woody, Kody	98	unattached,Myrtle P	13:12.75
49	Ford, Brett	98	Spokane Mercury,Spo	13:14.59
50	Grant, Connor	98	Bac - B,Sherwood, O	13:28.31
51	Symmes, Samuel	97	Issaquah Gliders	13:33.78
52	Aras, Rohan	97	Cascade Striders	13:40.81
53	Johnson, Zachary	97	Unity Running	13:53.53
54	Aras, Tay	98	Cascade Striders	14:03.34
55	LaPella, Sam	97	Fed Way W	15:14.37

Youth Boys 4 km

Name	Year	Team	Finals	Points
1	Butler, Mitchell	95	Bac - A,Florence, O	13:53.47
2	Goldstone, David	95	Fed Way	14:09.25
3	Rodeheffer, John	96	Whidbey Running	14:14.00
4	Campbell, Matthew	95	Bac - A,Florence, O	14:14.79
5	Marbas, Mackenzie	95	Bac - A,Florence, O	14:15.69
6	Roe, Aaron	96	Cascade Striders	14:20.23
7	Reed, Kyler	95	Rain City Flyers	14:26.85
8	Bergmann, Peter	95	Bac - B,Portland, O	14:28.91
9	Thompson, Kyle	96	Bac - A,Portland, O	14:29.94
10	Pearce, Jack	95	Rain City Flyers	14:35.38
11	Riordan, Ruben	95	Fed Way	14:39.10
12	Thornton, Dakota	96	Central Oreg,Bend,	14:46.57
13	Jasperson, James	95	Fed Way	14:48.00
14	DeGraff, Kyle	95	Unattached	14:48.69
15	Flindt, Spencer	95	Issaquah Gliders	14:49.22

16	Truax, Sam	96 Bac - B,Portland, O	14:49.75
17	Beck, Wolfgang	95 Rain City Flyers	14:50.22
18	Lawson, Samuel	95 Bac - A,Newberg, OR	14:57.39
19	Hernandez, Cody	95 unattached,Myrtle P	14:58.66
20	Sobotta, Kage	95 Lewis Clark,Clarkst	15:00.92
21	Barbe, Simon	95 Fed Way	15:05.57
22	Glackin-Coley, Shay	96 Fed Way	15:08.44
23	Campbell, Seth	96 Bac - A,Florence, O	15:09.16
24	Haines, Noah	96 Central Oreg,Bend,	15:11.63
25	Thompson, Matthew	95 Rain City Flyers	15:16.11
26	Kunzelman, Stewart	96 Fed Way	15:16.45
27	Purtzer, Quentin	95 Unity Running	15:20.88
28	Tooley, Jean Baptiste	96 Bac - B,Portland, O	15:21.67
29	Sussman, Mark	96 Bac - B,Portland, O	15:22.35
30	Motsiff, Timothy	96 Bac - B,Beaverton,	15:24.04
31	Sowers, Christopher	95 North Idaho,Cheney,	15:28.33
32	Bean, Cameron	95 Emerald Vall,Eugene	15:33.54
33	Doherty, Patrick	95 Bac - A,Beaverton,	15:38.82
34	Rae, Jason	96 Bac - B,Portland, O	15:41.50
35	Agritelley, Matt	96 Bac - A,Lake Oswego	15:42.22
36	Stemple, Randall	95 Rogue Valley,Medfor	15:42.82
37	Sims, Zachary	96 Bac - B,Tigard, OR	15:51.10
38	Hallmark, Thomson	95 unattached,Coquille	15:54.01
39	Miller, Stephen	96 Whidbey Running	15:56.85
40	Stewart, Mark	95 Issaquah Gliders	15:58.54
41	Moo, Keagan	95 Issaquah Gliders	16:01.22
42	Howe, Tom	95 Issaquah Gliders	16:02.11
43	Corff, Alexander	96 Cascade Striders	16:05.47
44	Smith, Keagan	95 Snohomish Track	16:06.66
45	Anderson, Tanner	96 North Idaho,Spokane	16:06.94
46	Johnson, Mark	95 Dry Side Fly,The Da	16:09.10
47	Robb, Matthew	95 North Idaho,Dalton	16:10.16
48	Melrose, Marshall	95 Cascade Striders	16:10.82
49	Barnett, Jacob	96 Troutdale Tr,Troutd	16:12.25
50	Stanford, Nathanael	95 Whidbey Running	16:12.60
51	Hamada, Jordan	96 Bac - B,Beaverton,	16:16.10
52	Shields, Charlie	95 Unity Running	16:28.25
53	Schrader, Danny	96 Fed Way	16:32.70
54	Koney, Nicholas	95 Rain City Flyers	16:37.97
55	Barnes, Gavin	96 North Idaho,Ephrata	16:38.32
56	McCammon, Riley	96 Bac - C,Happy Valle	16:42.89
57	Conway, David	96 North Idaho,Post Fa	16:48.22
58	Phillips, Tyler	96 Cascade Striders	16:52.69
59	Kopsa, Benjamin	96 Bac - C,Dundee, OR	16:54.25
60	Trepte, Alec	95 Bac - C,Sherwood, O	16:57.41
61	Tidball, Eric	96 Issaquah Gliders	16:58.94
62	Hammock, Trevor	96 unattached,West Lin	16:59.38
63	Rains, Bradly	96 unattached,Myrtle P	17:05.38
64	Kearns, Gabe	96 Bac - C,Portland, O	17:08.57
65	Nagel, Kendrich	95 North Idaho,Coeur D	17:18.54
66	Cipoletti, Conrad	95 Cascade Striders	17:41.51
67	Flannigan, Owen	95 Unity Running	18:15.13
68	Reynolds, Joseph	96 Unity Running	18:21.72

Intermediate Boys 5 km

Name	Year Team	Finals	Points
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1	Johnson, Hunter	94	Spokane Merc	16:07.08
2	Campbell, Aaron	93	Unattached	16:31.67
3	Duffy, Alex	93	Issaquah Gliders	16:37.55
4	Steele, Taylor	93	Sisters Stri,Bend,	16:41.98
5	Overbay, Collin	94	Spokane Merc,Spokan	16:46.68
6	Gibson, Patrick	94	Rain City Flyers	16:48.39
7	Peloquin, Casey	93	Rain City Flyers	16:54.01
8	Hoffman, Luke	93	Rain City Flyers	17:01.45
9	Gagliano, Joseph	93	Rain City Flyers	17:08.12
10	Symmms, Keegan	94	Issaquah Gliders	17:09.96
11	Tidball, Kevin	94	Issaquah Gliders	17:14.02
12	Dickson, Marcus	94	Fed Way	17:15.84
13	Holstrom, Andy	93	Bac - A,Sherwood, O	17:16.17
14	McCandless, Conor	94	Spokane Merc,Spokan	17:17.39
15	Thorne, Travis	94	Spokane Merc,Spokan	17:19.23
16	Gould, Kody	93	Fed Way	17:30.48
17	Grant, Thomas	94	Fed Way	17:32.50
18	White, Sean	93	Fed Way	17:32.96
19	Reay, Josh	94	unattached,Eugene,	17:33.46
20	Cummings, Kyle	94	North Idaho,Coeur d	17:34.48
21	Leniski, Ivan	94	Unattached	17:42.33
22	Parker, Zachary	94	Rain City Flyers	17:49.06
23	Meler, Heath	94	Unattached	17:59.23
24	McCranie, Cody	93	Fed Way	18:11.01
25	Jones, Nathan	93	Rain City Flyers	18:22.73
26	Drathman, Leif	94	Rain City Flyers	18:24.27
27	Brown, Dylan	93	Fed Way	18:29.86
28	Rogers, Jamon	94	Issaquah Gliders	18:31.40
29	Allen, Scott	94	Spokane Merc,Libert	18:41.27
30	Carpenter, Josh	93	unattached,Myrtle P	18:48.45
31	Minkler, Douglas	94	Spokane Mercury,Spo	18:50.98
32	Weiler, Brad	94	Spokane Merc,Spokan	19:01.93
33	Richards, Tucker	93	Spokane Merc,Spokan	19:20.14
34	McNaughton, Sean	94	Spokane Mercury,Spo	19:33.33
35	Schmick, Jared	94	Spokane Merc,Spokan	19:44.11
36	Horn, Troy	94	Fed Way	20:28.55
37	Stewart, Michael	93	Issaquah Gliders	21:32.67
38	Johnson, Lucas	94	Issaquah Gliders	25:58.02

Young Men 5 km

Name	Year	Team	Finals	Points
1	Sorensen, Simon	91	Issaquah Gliders	15:56.41
2	Campbell, Casey	92	Fed Way	16:11.19
3	Phillips, Jonathon	91	Fed Way	16:22.53
4	Alexander, Joshua	91	Fed Way	16:24.34
5	Schroll, Chris	91	Fed Way	16:32.13
6	Spencer, Rudy	91	Spokane Merc	16:37.16
7	Minor, Nathan	91	Rain City Flyers	16:45.53
8	Cross, Michael	91	Fed Way	16:46.28
9	Carlson, Zane	91	Spokane Merc,East W	16:56.20
10	Beckman, James	92	Fed Way W	17:01.19
11	Frerker, Mark	92	Issaquah Gliders	17:03.88
12	Scott, Dan	92	UNA	17:05.31
13	Cowan, Skylar	92	Fed Way	17:07.01

14	Fechner, Keith	92	Spokane Merc, Spokan	17:14.16
15	Hendricks, Alex	92	North Idaho, Coeur D	17:17.25
16	Wittman, Jacob	92	Fed Way	17:24.78
17	Sherwood, Josiah	92	Issaquah Gliders	17:26.31
18	Pinkerton, Daniel	91	North Idaho, Coeur D	17:26.69
19	Ressler, Benjamin	92	Issaquah Gliders	17:27.13
20	Phipps, Jacob	91	Rain City Flyers	17:32.72
21	Drapeau, Gregory	92	North Idaho, Hayden,	17:33.19
22	Cardenas, Michael	91	Fed Way W	17:40.22
23	Melrose, Christopher	92	Fed Way W	17:45.94
24	Thomas, Brandon	92	Issaquah Gliders	17:50.97
25	Westrope, Ian	91	Spokane Merc, Ephrat	17:59.59
26	Hamilton, Aaron	92	Rain City Flyers	18:01.34
27	Hawkins, Thomas	92	Spokane Merc, Spokan	18:07.97
28	Williams, Deshawn	92	Fed Way W	18:10.94
29	Weiser, John	92	Spokane Merc, Libert	18:18.66
30	Ward, Taylor	92	North Idaho, Coeur d	18:46.25
31	Pletcher, Martin	92	Issaquah Gliders	18:54.41
32	Murphy, Kyle	91	Issaquah Gliders	18:57.75
33	Heineman, Trevor	91	unattached, Myrtle P	19:11.51
34	Cowan, Hunter	91	Fed Way W	22:11.03