

Whidbey Island Running Club

Revised Track Schedule
2011/Spring-Summer

Due to the upward spiral in costs for travel we are going to opt for the shorter distance to travel for our USATF Nationals experience. We like everything about the Youth Nationals meet, however the location renders it just too expensive to be feasible. So, we will stay with the USATF Junior Olympic series of meets for another summer, as the finals in Kansas are at least drivable to, unlike Myrtle Beach, SC. The dates of our meets through July are as follows (with the possibility of adding in All-Comers meets in July):

May 21st, Fred Dean Invitational Track Meet
West Seattle Stadium

June 4th, Flying AJ's/Xtreme Speed Meet
Federal Way Memorial Stadium

June 11th, Cascade Striders Meet
Newport High School, Bellevue

June 25-26th, Junior Olympic Association Meet
Sealth High School, Seattle

July 9-10th, Junior Olympic Regionals Meet
Spokane Falls Community College

July 26th-31st, Junior Olympic National Championships
Cessna Stadium, Wichita State University, Kansas

Anyone with a USATF card may participate in the Junior Olympic Association Meet; there are no qualifying times needed for entry. In order to compete in the Junior Olympic Regional Meet you must place in the **top eight** at the Association Meet. New this year, is that our region is sending the **top five** from our Regional meet to Nationals, this is a change from top three the previous years. The other change for this year is that there will be a separate SUB-BANTAM (7 & 8's) age group so that 7 & 8's will not have to compete against 9 & 10 year olds, and can earn a trip to Nationals on their own.