



# NORTH WHIDBEY PARK AND RECREATION DISTRICT

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## Release Forms for Transportation of a Minor and Participation in the Whidbey Island Running Club

\_\_\_\_\_  
Minor's name

\_\_\_\_\_  
Parent / Guardian's name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone

### **Parent/Guardian Transportation Permission and Release:**

I give permission for the above named minor to be transported by the District. In the event of an accident or illness, I understand that reasonable efforts will be made to contact the parent (if applicable) immediately. However, if I am not available, I authorize the District representative to secure emergency medical care as needed. I am fully aware of the special dangers and risks inherent in transporting minors. Being fully informed as to these risks, I hereby consent to the above named minor participating in the program and do not hold the District responsible for any injury that may happen as a result of the transportation of the minor. I expressly agree that this release, waiver and indemnity agreement is intended to be as broad or inclusive by the laws of the state of Washington, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I hereby agree to indemnify the District from any loss, liability, damage or costs that may incur due to the transportation of the above-named minor in witness where of, the minor and the Parent/Guardian (If applicable) have executed this release in Island County, Washington.

\_\_\_\_\_  
Parent / Guardian signature

\_\_\_\_\_  
Date

### **Parent/Guardian Permission and Release for Child's Participation in High-Risk Sports Activities**

I give permission for the above-named minor to participate in Whidbey Island Running Club training involving trail running, grass running, track running, beach running, and road running, sidewalk running, prescribed exercises and other potential high-risk outdoor sports activities. I acknowledge that such activities are inherently dangerous with risks of injury or death. Possible injuries include but are not limited to laceration, abrasion, contusion, concussion, hypothermia, fracture, sunstroke, windburn, and other afflictions resulting from dangerous forces of nature and civilization.

I hereby release and agree to hold harmless and indemnify the North Whidbey Park and Recreation District and its Board of Commissioners, officers, employees, and agents from responsibility or liability arising out of the aforementioned activities.

\_\_\_\_\_  
Parent / Guardian signature

\_\_\_\_\_  
Date