

RaceTab 3 by MileSplit Registered to: Whidbey Island Running Club
 Whidbey Island Running Club Runnin' The Rock Cross Country Invitational
 Saturday, October 9, 2010
 NASWI Gallery Golf Course, Oak Harbor, WA

Mini Bantam Mixed 800 Meter Run Finals

Name	Age	Team	Time	Pts
1 Travis Westman	5		4:13.03	--
2 Jacob Hernandez	6	Whidbey Island Running Cl	4:20.55	1
3 Brayden Tomasko	-	Whidbey Island Running Cl	4:38.39	2
4 Jordyn Lovett	6	Whidbey Island Running Cl	4:43.69	3
5 Pablo Hernandez	4	Whidbey Island Running Cl	5:03.59	4
6 Mathew Balver	5		8:54.44	--

Mini Bantam Mixed 800 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Whidbey Island Running Cl	6	1	2	3	4	-
Total Time: 13:43		Average: 4:34.21		1-3 Split: 23		

Sub Bantam Girls 1500 Meter Run Finals

Name	Age	Team	Time	Pts
1 Danielle Jaculewicz	8	Rain City Flyers	6:36.23	--
2 Emmie Sullivan	8	Whatcom Tesseract	6:43.59	--
3 Jazmyn Stone	7	Federal Way Track Club	6:54.45	1
4 Maggie Jenkins	7	Federal Way Track Club	7:05.20	2
5 Emily DeJarlais	7	Cascade Striders	7:23.38	--
6 Kennedy Knox	7	Federal Way Track Club	8:00.00	3
7 Catherine Wicker	8	Whidbey Island Running Cl	8:25.98	4
8 Josie Margarones	7	Rain City Flyers	8:28.36	--
9 Natalie French	7		9:03.27	--
10 Airi Bolt	8	Whidbey Island Running Cl	9:05.62	5
11 Emily Lamb	7	Whidbey Island Running Cl	9:06.67	6
12 Shannon Sherrill	8	Whidbey Island Running Cl	10:12.56	7
13 Amelia Jacobsen	8	Cascade Striders	10:32.35	--

Sub Bantam Girls 1500 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Federal Way Track Club	6	1	2	3	-	-
Total Time: 21:60		Average: 7:19.89		1-3 Split: 1:06		
2 Whidbey Island Running Cl	15	4	5	6	7	-
Total Time: 26:38		Average: 8:52.76		1-3 Split: 41		

Sub Bantam Boys 1500 Meter Run Finals

Name	Age	Team	Time	Pts
1 Jaime Hernandez	8	Whidbey Island Running Cl	6:42.16	1
2 Bram Schneck	7	Baron Park Striders	6:58.47	--
3 Joseph Anderson	8	Cascade Striders	7:02.21	--
4 Mark Tomasko	8	Whidbey Island Running Cl	7:25.91	2
5 Justin Vasileff	8	Whidbey Island Running Cl	7:27.42	3
6 Trevor Westman	8	Baron Park Striders	7:29.55	--
7 Harrison Keating	7	Whidbey Island Running Cl	7:40.61	4
8 Riley Williamson	7	Whidbey Island Running Cl	8:00.57	5
9 Micah Thompson	8	Whidbey Island Running Cl	8:24.42	--
10 Evan Baldwin	7	Whidbey Island Running Cl	8:55.81	--

Sub Bantam Boys 1500 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Whidbey Island Running Cl	6	1	2	3	4	5
Total Time: 21:35	Average: 7:11.83	1-3 Split: 45				

Bantam Girls 3000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Aliyah Schneck	9	Baron Park Striders	13:05.42	--
2 Jane Andersen	9	Cascade Striders	14:02.52	1
3 Mina Young	9	Rain City Flyers	14:14.09	2
4 Sylvia Bergerud	9	Rain City Flyers	14:45.06	3
5 Megan Keating	10	Whidbey Island Running Cl	14:55.11	--
6 Jaqueline Brown	9	Federal Way Track Club	15:05.02	--
7 Megan Richardson	10	Cascade Striders	16:13.22	4
8 Chloe Margarones	10	Rain City Flyers	17:15.80	5
9 Sarah Temure	9	Cascade Striders	19:40.81	6

Bantam Girls 3000 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Rain City Flyers	10	2	3	5	-	-
Total Time: 46:15	Average: 15:24.99	1-3 Split: 3:02				
2 Cascade Striders	11	1	4	6	-	-
Total Time: 49:57	Average: 16:38.85	1-3 Split: 5:				

Bantam Boys 3000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Ryan Vasileff	10	Whidbey Island Running Cl	12:24.53	1
2 Harrison Fitch	9	Rain City Flyers	12:49.89	2
3 Ethan Doshi	10	Rain City Flyers	12:50.58	3
4 Jared Donnel	10	Cascade Striders	12:50.83	--
5 Wyatt Watson	10	Whatcom Tesseract	13:32.39	--
6 Coleman Herndon	10	Rain City Flyers	14:46.30	4
7 Noah Schroder	9	Whidbey Island Running Cl	15:32.75	5
8 Connor Griffin	10	Rain City Flyers	15:37.94	6
9 Nicholas Johnson	9	Federal Way Track Club	16:47.05	--
10 Avery Dailidenas	10	Cascade Striders	17:35.96	--
11 Nathaniel Quijano	9	Whidbey Island Running Cl	18:17.03	7
12 Jacob Thompson	10	Whidbey Island Running Cl	18:40.92	8

Bantam Boys 3000 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Rain City Flyers	9	2	3	4	-	-
Total Time: 41:18	Average: 13:46.14			1-3 Split: 2:22		
2 Whidbey Island Running Cl	13	1	5	7	8	-
Total Time: 46:14	Average: 15:24.77			1-3 Split: 5:53		

Midget Girls 3000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Kat Copeland	11	Baron Park Striders	11:45.34	--
2 Laura Rodeheffer	11	Whidbey Island Running Cl	12:03.50	1
3 Zanna Sullivan	12	Whatcom Tesseract	12:16.81	--
4 Kaitlyn Chelberg	11	Whidbey Island Running Cl	12:26.16	2
5 Paloma Farkas	12	Rain City Flyers	12:26.89	3
6 Ariel Wilhite	11	Baron Park Striders	12:38.98	--
7 Ruby Watson	12	Whatcom Tesseract	13:10.23	--
8Carolynn Wicker	11	Whidbey Island Running Cl	13:23.23	4
9 Emily Donnel	12	Cascade Striders	13:48.86	5
10 Kristin Laidler	11	Cascade Striders	13:57.67	6
11 Kyra Yanny	12	Rain City Flyers	14:11.78	7
12 Nora Fujita-Yuhas	11	Rain City Flyers	14:12.84	8
13 Megan Phillips	12	Cascade Striders	14:26.19	9
14 Carly Crowther	12	Whidbey Island Running Cl	14:26.66	10
15 Anna LaPella	11	Federal Way Track Club	14:49.64	--
16 Karey Sharp	11	Cascade Striders	15:03.94	11
17 Natalie Anderson	11	Cascade Striders	15:16.86	12
18 Kacie Capuzzi	11	Rain City Flyers	16:00.44	13
19 Flora Davis	12	Rain City Flyers	16:03.16	14
20 Breanna Grehan	12	Whidbey Island Running Cl	17:47.59	15

Midget Girls 3000 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Whidbey Island Running Cl	7	1	2	4	10	15
Total Time: 37:53	Average: 12:37.64			1-3 Split: 1:20		
2 Rain City Flyers	18	3	7	8	13	14
Total Time: 40:52	Average: 13:37.17			1-3 Split: 1:46		
3 Cascade Striders	20	5	6	9	11	12
Total Time: 42:13	Average: 14:04.24			1-3 Split: 37		

Midget Boys 3000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Jesse Goldstone	11	Federal Way Track Club	11:23.72	1
2 Alec Woodruff	11	Federal Way Track Club	11:41.31	2
3 Logan Clark	12	Whidbey Island Running Cl	11:44.84	3
4 Zachary Blake	11	Federal Way Track Club	11:52.00	4
5 Chris Bianchini	11		11:56.80	--
6 David Howard	11	Federal Way Track Club	11:59.89	5
7 Adam Nelson	11	Whidbey Island Running Cl	12:36.66	6
8 RJ McCormack	11	Cascade Striders	12:54.05	7
9 Ben Garrett	11	Federal Way Track Club	13:04.67	8
10 Miguel Guzman	12	Whidbey Island Running Cl	13:31.03	9
11 Alex Combs	11	Cascade Striders	14:07.42	10
12 Nicholas DeJarlais	11	Cascade Striders	14:24.23	11
13 Alexandru Termure	11	Cascade Striders	14:35.14	12
14 Orien Altman	11	Whidbey Island Running Cl	14:49.28	13
15 Tanner Mecham	11	Cascade Striders	14:56.81	14
16 Wyatt Pauley	11	Whidbey Island Running Cl	15:04.16	15
17 Caleb Thompson	12	Whidbey Island Running Cl	15:21.64	--
18 Casey Quijano	12		16:32.03	--
19 Tristan Johnson	11	Federal Way Track Club	16:49.42	--

Midget Boys 3000 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Federal Way Track Club	7	1	2	4	5	8
Total Time: 34:57	Average: 11:39.01				1-3 Split: 28	
2 Whidbey Island Running Cl	18	3	6	9	13	15
Total Time: 37:53	Average: 12:37.51				1-3 Split: 1:46	
3 Cascade Striders	28	7	10	11	12	14
Total Time: 41:26	Average: 13:48.57				1-3 Split: 1:30	

Youth Girls 4000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Patryce McWilliams	13	Federal Way Track Club	16:20.81	--
2 Jonalynn Horn	13	Whidbey Island Running Cl	18:07.92	--
3 Elena Joseph	13	Speed Unlimited	18:56.27	--
4 Bateh Zabrina	13	Federal Way Track Club	19:44.56	--
5 Clara Orndorff	13	Rain City Flyers	21:55.88	--
6 Sarah Richardson	13	Cascade Striders	22:05.05	--
7 Grace Pauley	14	Whidbey Island Running Cl	25:13.42	--

Youth Boys 4000 Meter Run Finals

Name	Age	Team	Time	Pts
1 John Rodeheffer	14	Whidbey Island Running Cl	13:41.41	1
2 Aaron Roe	14	Cascade Striders	13:43.50	2
3 Dakota Powers	13	Whidbey Island Running Cl	14:31.30	3
4 Shay Glackin-Coley	14	Federal Way Track Club	15:18.36	--
5 Gavin Stewart	14	Whidbey Island Running Cl	15:31.86	4
6 Cole Zinc	14	Whidbey Island Running Cl	15:34.89	5
7 Danny Schrader	13	Federal Way Track Club	16:47.31	--
8 Andrew Cooper	13	Cascade Striders	16:55.02	6
9 Trevor Sanders	14	Whidbey Island Running Cl	19:46.39	7
10 Benjamin Richardson	13	Cascade Striders	21:17.03	8

Youth Boys 4000 Meter Run Team Scores

Team	Pts	1	2	3	(4)	(5)
1 Whidbey Island Running Cl	8	1	3	4	5	7
Total Time: 43:45	Average: 14:34.86				1-3 Split: 1:50	
2 Cascade Striders	16	2	6	8	-	-
Total Time: 51:56	Average: 17:18.52				1-3 Split: 7:34	

15-18 Young Women 4000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Nikki Blanchard	15	Whidbey Island Running Cl	21:41.98	--
2 Rachael Richardson	15	Cascade Striders	26:01.30	--

15-18 Young Men 4000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Caley Powers	15	Whidbey Island Running Cl	15:05.50	--
2 Cameron Devine	16	Cascade Striders	18:47.20	--
3 Nathan Lemay	15	Whidbey Island Running Cl	21:17.03	--

Open Women 4000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Theresa Westfall	52	Whatcom Tesseract	17:42.02	--
2 Vicky Donnel	--	Cascade Striders	21:29.77	--
3 Rachel Endicott	47		22:31.92	--
4 Carol Richardson	46	Cascade Striders	24:16.20	--
5 Kyrsten Jenson	24	Baron Park Striders	27:13.11	--
6 Stephanie Balver	26		32:55.23	--

Open Men 4000 Meter Run Finals

Name	Age	Team	Time	Pts
1 Michael French	32		13:19.22	--
2 Brian Tyhuis	--		17:15.25	--
3 Doc Smith	31		17:36.73	--
4 Edmund Sullivan	52	Whatcom Tesseract	17:37.08	--
5 Pete Keating	--		18:45.38	--
6 Scott Richardson	46		19:10.38	--
7 Gale Pfuller	68		19:32.98	--
8 Anthony Wilhite	--	Baron Park Striders	20:01.31	--
9 David Donnel	--	Cascade Striders	21:29.59	--
10 Zane Lamoureux	9	Whidbey Island Running Cl	21:38.58	--
11 Myles Averrios-Smith	9	Whidbey Island Running Cl	21:50.30	--
12 Tony Balver	25		32:55.61	--